



# Sherman Central School

127 Park Street • P.O. Box 950 • Sherman, NY 14781-0950  
phone (716) 761-6121 • fax (716) 761-6119  
[www.shermancsd.org](http://www.shermancsd.org)



As part of a required school health examination, a student is weighed, and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. Each year a sample of school districts is selected to take part in a survey by the New York State Department of Health. Our school has been selected for this year and we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to:

Sherman Central School  
Attn: Health Office  
PO Box 950  
Sherman, NY 14781

Please do not include my child's weight status information in the **2023-2024** School Survey.

\_\_\_\_\_  
Print Child's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent's Name

\_\_\_\_\_  
Parent's Signature

Mrs. Carrie Yohe • Superintendent  
Mrs. Ivana Hite • Interim Principal  
Mrs. Ann M. Morrison • Director of Pupil Services &  
Data/Grant Coordinator

Board of Education  
Mr. Brian Bates • President  
Mr. Timothy Sears • Vice President  
Mrs. Teresa Guzman  
Ms. Kristin Irwin  
Mrs. Emily Reynolds

Mrs. Kimberly Oehlbeck • School Business Administrator  
Mr. Luke Waygood • District Clerk